

Description	Author	Review
50 Great Tips to Connect with Your Teen	Debra Hapenny Ciavola	This book looks at what your teen is thinking, what they believe in, how they feel, and how much independence is too much. It looks in depth at how to communicate with teens, which many parents may find useful.
887 Ideas for Busy Families	Natalie Woodman and Marielle Sloss	This book has ideas for kids of all ages from babies to teenagers. It includes problem solving ideas and enjoyable activities as well as hints on: ways to build confidence and self-esteem; creating family traditions; and encouraging kids to participate in household chores.
A First Notebook of Head Injury	Kenneth G. Jamieson	
A Practical Guide to Paediatric Oncology Palliative Care	Royal Children's Hospital Brisbane	
Are You Sad Too? Helping Children Deal with Loss	Dinal Heibert, Judy C. Drolet and Joyce V. Fetro	
Baby Games - The Joyful Guide to Child's Play	Elaine Martin	A practical book full of many different rhymes, songs, finger plays, crafts, activities and games for children from birth to three years.
Beginning With Babies	Mary Lou Kinney and Patricia Witt Ahrens	This is a book filled with ideas and activities that parents can do with their babies to promote development and learning. It is for use with infants from birth to 15 months.
Beginnings and Endings with Lifetimes in Between	Bryan Mellonie and Robert Ingpen	A story written for children that explains how lifetimes are different for all living things, plants, animals and even people. It helps us to remember, understand and explain that dying is as much a part of living as being born.
Care and Maintenance of Your EntriStar Gastrostomy Tube (video)	Video	
Caring For The Dying	Michael Barbato	
Childhood Immunisation		
Children with Spina Bifida at School	Association for Spina Bifida and Hydrocephalus	
Cholesterol and You - A Patient Education Video (video)		
Chronic Sorrow - A Living Loss	Susan Roos	This book follows on from the ideas presented in the Grief and Loss Workshops. Chronic Sorrow describes a natural grief reaction to losses that are not final but continue to be present in the life of the griever. The book views chronic sorrow in a life span perspective and reveals the effect on the griever and the people close to him or her.
Clinical Aspects of Vaccine Preventable Infectious (video)		
Dreams and Dilemmas in Neonatal ICU (video)		
Equipment to Make: A guide for parents of children with a physical disability	Health Commission of Victoria	
Facing the Crowd - Managing Other People's Insensitivities to Your Disabled Child	Deborah Fullwood and Peter Cronin	This book looks at how to manage the possible insensitivities of people towards parents and their child with a disability. This may include neighbours, strangers, professionals and even relatives. It is based on the personal accounts of parents and has a number of different strategies parents can use when in these situations.

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Feeling Better - A Guide to Mood Management	Antony Kidman	This book is described as no nonsense down to earth guide for people who want to manage their negative moods more effectively, including those who suffer from clinical depression. It is based on the cognitive behavioural therapy approach and includes an event schedule as well as goal setting plans.
Fighting for your Marriage	By Howard J. Markman, Scott M. Stanley and Susan L. Blumberg	This book is based on the Prevention and Relationship Enhancement Program approach. It looks at a number of issues including how to: talk more and fight less; deepen and protect your friendship; keep the fun alive; and develop a vision for your future together.
From Behind The Piano - The Building of Judith	Jack Pearpoint	
Gentle Willow: A Story for Children About Dying	Joyce C. Mills	This is a story written for children that addresses feelings of sadness, love and anger. It is designed to help children deal with death of loved ones using the example of a dying tree as a metaphor.
Getting the Love You Want: A Guide for Couples	Harville Hendrix	
Going The Distance	Video	This video centres on the lives of three fathers of children who have intellectual disabilities. It explores relationships, work and family responsibilities, dealing with feelings and other issues. Brief comments from a counsellor as well as strategies from the fathers are included.
Handling a Young Child with Cerebral Palsy at Home	Nancie R Finnie	
Healing Conversations: What to Say When You Don't Know What to Say		People are often faced with uncomfortable situations where we're at a loss for words. This book is a practical guide to help you step into someone else's shoes so that you can offer, ask for, or receive comfort. It addresses many different situations and relationships.
Healing Your Grieving Heart - 100 Practical Ideas	Alan D Wolfelt	This book contains 100 things for people to do in order to express their grief and mourn the loss of a loved one.
Helping Children in Times of Need: Grief, Loss, Separation and Divorce	Judith A Parker	
Helping Your Special Needs Child	Sandy Tovray and Maria Wilson-Portuondo	
HIV/AIDS: Positive Messages (video)	Video	
How Do I Feel About When People Die	Sarah Levete	This picture book for children follows five young friends as they talk about how they felt when someone special died. Looks at lots of different feelings and circumstances.
Inclusion: A Guide for Educators	Susan Stainback and William Stainback	
Installing and Using Your Columbia Car Seat (video)	Video	
It's A Long Road (video)	Noreen Lange	This video looks at the journey that four women have taken in their struggles to come to terms with having a child with a disability. Family relationships and the impact on siblings are highlighted, and counsellors make comments throughout. The mothers seek to give hope to others in similar situations.
Keeping Baby Safe - A Guide to Nursery Furniture		
Kids Belong Together (video)		

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Kitchen and Bathroom Planning and Access at Home (video)	ILC (NSW)	
Koori Care - Respite in the Aboriginal Community (video)	Video	
Living With Cerebral Palsy	Dr Paul Pimm	This is book with photographs for older children and possibly teenagers, which looks at four people with Cerebral Palsy. A positive book, which looks at how Cerebral Palsy does not prevent people from participating in and enjoying life.
Loss Change and Grief	Erica Brown	This book looks at helping children to come to terms with and be aware of loss, change and grief. It gives readers a better understanding of how children grieve and provides suggestions for ways this topic can be taught within the school curriculum. The book has a chapter on grief and disability, which looks at grieving parents, siblings and grandparents.
My Brother Sammy	Becky Edwards and David Armitage	This is a beautifully illustrated picture book for younger children, which looks at how special it is to be a brother or sister to a child with a disability.
My Many Coloured Days	Dr. Seuss	This is a great picture book, illustrated by paintings, and adults may enjoy it as well. It introduces children to colours, feelings and all the fun of Dr. Seuss. Dr. Seuss wrote the text in 1973, inspired by the panoramic view of the ocean from his study. He stated in a letter that it 'needed a great colour artist who would not be dominated by me and who would bring a new pattern of thinking to my words'. His widow commissioned the paintings after his death.
Palliative care - a guide for family and friends		
Parent Grief: Narratives of Loss and Relationship	Paul C. Rosenblatt	This book explores the grief a parent experiences following the death of a child and the aftereffects of that death on the lives of parents as a couple. It tells, in their own words, the stories of 29 couples that have lost at least one child and examines the realities that parents face following the death of a child.
PGR Hearing (video)	ABC Marketing	
Positioning for Play - Home Activities for Parents	Rachel B. Diamant	
Protect Your Baby for Life (video)	Video	
Reflexions	Russell Deal	
Reconcilable Differences	By Andrew Christensen, PhD and Neil S. Jacobson, PhD	This is a practical guide that offers solutions for couples frustrated by continual attempts to make each other change. It looks at how you can: defuse arguments; accept the ways you are different; respect each other's emotional needs; identify what can and can't be changed in each of you; and create greater intimacy in your relationship.
Saying Goodbye To A Brother or Sister	Nicola Edwards	
Sex for Young People with Spina Bifida or Cerebral Palsy	Association for Spina Bifida and Hydrocephalus	
Siblings - Brothers and Sisters of Children with Special Needs	Kate Strohm	This book has three parts. The first part outlines the author's story of having a sister with Cerebral Palsy. The second part uses other sibling stories to look at issues such as: feelings; ongoing grief; responsibility and care-giving; and the future. The third part looks at strategies including stronger families and the role of service providers. The book acknowledges many different experiences of siblings through stories, which may appeal to readers.

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Special Siblings - Growing up with Someone with a Disability	Mary McHugh	
Straight Talk About Death for Teenagers	Earl A. Grollman	
Strength Cards for Kids	Russell Deal	Included are a set of colourful cards featuring animal characters and each with a strength written in plain English. Some ideas for using the strengths cards include; Individually. Children can pick out strengths they think they have, or a key strength they want to develop. In a group. Children can look at the different strengths each person has. The possibilities for use are endless and many more ideas are outlined in the booklet provided.
Stress, Humour and Health	Patricia Cameron Hill and Shayne Yates	
The Bears	Russell Deal	
The Bereaved Parent	Harriet Sarnoff Schiff	This is a book written for parents of a child who has died. Many parents feel that no one can understand their tragedy yet this author, who is herself a bereaved mother, is able to give genuine comfort. She offers guidelines and practical step-by-step suggestions to help parents cope with every stage of grief following the death of their child.
The Caregiving Years		
The Child with Spina Bifida	Chester A. Swinyard	
The Couples Survival Workbook	By David Olsen, PH.D., C.S.W & Douglas Stephens, ED.D., C.S.W	This Workbook looks at what you can do to reconnect with your partner and make your marriage work. It includes chapters titled: Ten Myths About Marriage, Your Thinking Is Part of the Problem; Putting the Pieces Together; and Being a Couple with Kids. There are spaces to write in your own experiences
The Normal One - Life with a Difficult or Damaged Sibling	Jeanne Safer	This book is written by a psychotherapist. It is very detailed, analytical and theoretical but does have some interesting ideas and theories. The term 'normal ones' may be off putting for some readers but the author explains the reason for this term in the introduction. The book outlines the author's experiences as well as the experiences of other siblings through case studies. Issues are not limited to disability but cover mental illness, behavioural problems, substance abuse etc.
TheraPEP Positive Expiratory Pressure Therapy (video)	Video	
This Is My Button	Video	This is an information video about gastrostomy management for parents and carers.
Time for You - Time Management for Women (video)	Patricia Cameron Hill	
To Live Until We Say Goodbye	Elisabeth Kubler-Ross	
What About Me? - A Story for the Siblings of Sick Children	George Blamakis	This is a children's picture book for siblings of children who are seriously ill. It looks at how siblings can feel angry and left out when they have an ill brother or sister.
What's Really Worth Doing and How To Do It	Judith A. Snow	
What's That Rash	Prisca Middlemiss	How to identify and treat childhood rashes.
When A Grandchild Dies: What to Do, What to Say, How to Cope	Nadine Galinsky	Written for Grandparents by a parent who lost a child and found there few resources for her mother. A number of grandparents were interviewed and there are personal stories by the author. The three chapters cover: death and grief; communication; and healing the grief. The book does have a Christian perspective, which may not suit all readers.

Description	Author	Review
When Men Grieve - Why Men Grieve Differently and How You Can Help	Nadine Galinsky	This book contains the essays of eleven men – including fathers, spouses, brothers and friends. It looks at the different ways that men grieve using a traditional 'stages of grieving' model.
With A Little Help From My Friends (video)	video	
Your Emotions - I Feel Sad	Brian Moses	This is a picture book for children examining sadness. Much of the book deals with the kind of situations that make children feel sad. It includes notes for parents and teachers in the back.